

# WHEN TO CALL THE CHURCH OFFICE

REV. WILLIAM MAINS  
CHURCH OFFICE: 762-6626

- When there is a birth in the family.
- When there is a death in the family.
- When someone close to you is ill or in the hospital, or in need of spiritual help.
- When someone in the family is going off to college or joining the armed forces.
- When there are marital problems and before you call the lawyer.
- When someone in the congregation has done something to anger you.
- When you have a suggestion for the congregation.
- When you have a question about the Bible, Christianity or Lutheranism.
- When something in your life is troubling you.
- When alcohol or drug dependency is a problem for you or someone close.
- When you move to a different area.
- When you just plain want someone to talk with.
- When you want to be specifically remembered in prayer.

The pastor of a congregation does more than lead worship and preach on Sunday morning. A pastor is concerned with the lives of people and, unfortunately, the pastor is often times the last to know about major events in people's lives because people forget to tell them. Whenever you need the pastor's help or care...don't hesitate to call, stop by or leave a note.

Pastor Bill is not in the office on Fridays. The office is open from 8:00 AM to 4:00 PM, Monday through Friday

## **TRINITY LUTHERAN CHURCH STAFF**

William Mains, Pastor	262-681-3368
Becca Mains, Youth Director	
Thomas Reifenberg, Organist	303-3515
Tammy Woodbury, Saturday Keyboard	483-2815
Jana Larson, Choir Director	
Sharon Piastowski, Secretary/Education Coordinator	764-4066
John Jones, Custodian	

### **RECENTLY HOSPITALIZED**

John Jones	Susan Davis
Bonnie Malcolm	Rick Lawein
Tom Immel	Peggy Johnson
Bona Olson	June Kellogg
Judy Page	Lyle Hannemann



### **BAPTISM**

Noah Belton Gustafson Léon, son of Patrick and Carly (Gustafson) Léon, on September 19.

### **IN OUR THOUGHTS AND PRAYERS**

Mike Zingsheim	Evelyn Lokken
Marion Hansen	Roger Malcolm
Pam Cooper	Dagne Domino
Wanda Sjoblom	Margo Kullmann
Fern Christianson	Gina Lorentzen
Barb Meyer	Pastor Jim Niederloh
Bill Tillman	Ramona Stefanski
Tom Immel	Lyle Hannemann
Don Barbian, Jr.	June Kellogg

# TRINITY EVENTS IN OCTOBER

## WORSHIP SCHEDULE

Saturday: 5:00 PM, Sunday: 8:00 & 10:30 AM

Contemporary Service the 1<sup>st</sup> and 3<sup>rd</sup> Sundays at 10:30

4<sup>th</sup> Sunday at 8:00

Education Hour 9:15

October 2	9:00-Noon 9 <sup>th</sup> Grade Confirmation Retreat Quilt Dedication Weekend
October 3	9:15 Youth Ministry Team
October 4	6:00 Property Ministry Team
October 5	9:00 Quilt Packing
October 7	1:30 Dorcas Circle at Nancy Bublitz's 6:30 Caring Ministry Team 7:00 Worship/Music Ministry Team
October 9	9:00-Noon Ministry Team Summit Transport Quilts to Depot
October 10	9:15 Blood Pressure Checks 10:30 Onsager Baptism 1:00-3:00 All Youth Event
October 11	6:30 Endowment Committee 7:30 Finance Team
October 12	6:30 Congregational Life Team 7:30 Sarah Circle at Alice Grant's
October 14	7:00 Council Meeting
October 16	1:00-3:00 Saturday Stitchers 6:30 Diner's Club at Mulligan's
October 18	6:00 Pre-Concert Meal 7:00 <i>SOUL PURPOSE</i> CONCERT Newsletter Deadline
October 23	Serving Breakfast at The Guesthouse
October 24	Noon Fall Lunch by Congregational Life 1:00-3:00 Swan's Pumpkin Farm
October 28	7:00 New Member Classes Begin
October 30	6:15 Confirmation Preparation
October 31	REFORMATION DAY 10:30 Confirmation Service

Dear Friends in Christ,

Wow! What a busy start to the new church program year! We have the adult and the handbell choirs already up and running. There are over 100 kids registered for Sunday School. We have over 20 kids registered for Confirmation classes. Our weekend worship attendance jumped from about 175 to over 225.

Looking at the calendar for the next couple of months, there are all kinds of things on the schedule. We're starting a new member class late this month and into November. Quilters are meeting every other Tuesday. There's a "Do A Good Deed" Rummage Sale scheduled for November. Our new Stewardship Ministry Team is putting together a new Time & Talent emphasis and a new financial stewardship emphasis for October and November. The church library is constantly adding new materials, books and magazines. Congregational Life has several events in the works, including preparing lunch for those going to the Pumpkin Farm. Project Uplift has a couple of new projects being researched and are almost ready to be presented to the congregation. Caring is preparing for another breakfast at the Guest House Men's Homeless Shelter. Worship and Music is planning the Laity Weekend worship services. Youth has their events planned well into the new year. Another week of building with Habitat for Humanity is being planned well in advance of the annual spring effort.

And this is just a few of the mission and ministry events this congregation's members are involved in!

Why are we involved in all these different mission and ministry events? To give members of the congregation as many options to be involved in the life of faith in Jesus Christ as possible. There are so many places where light of Christ is needed. There are so many different people with different interests and abilities. And TLC is trying to create so many different ways to match needs with interests and abilities to that God and God's creation might be served.

Each event, whether servant or fellowship, whether worship or prayer, whether education or celebration, is an entry point into a life of discipleship.

Which events are most in keeping with your interests and abilities? I would encourage you to pick one or two or three and get involved in serving your Lord through one of the literally dozens of mission and ministry events offered at Trinity. You will be pleasantly pleased if not outright amazed at what a blessing being involved in our Lord's mission and ministry will be in your life of following Jesus!

Yours in Christ's Service,  
Pastor Bill

## **ADULT BIBLE STUDIES**

Thursday mornings at 10:30 AM, you're invited to an Adult Bible Study. We're looking at the upcoming week's Gospel lessons. The schedule is:

Thursday, 10/07 - Luke 17:11-19

Thursday, 10/14 - Luke 18:1-8

Thursday, 10/21 - Luke 18:9-14

Thursday, 10/28 - John 8:31-36

Thursday, 11/04 - Luke 6:20-31

The Sunday morning Adult Forums meet at 9:15 in room 109-110. This class is doing a series of one-week studies based on some of the more difficult passages of Scripture. The schedule is:

Sunday, 10/03 - What Did Jesus Mean About Always Having the Poor With Us?

Sunday, 10/10 - Is There A Difference Between Following Jesus and Being a Disciple?

Sunday, 10/17 - Why Is It So Hard To Read The Old Testament?

Sunday, 10/24 - What Was Jesus REALLY Saying in the Beatitudes?

Sunday, 10/31 - TBD

Feel free to bring a cup of coffee and a friend to either of these adult studies.

Be sure to check out Trinity's website at [www.tlcs.org](http://www.tlcs.org).

## **Simply Giving - Automate your regular offering**

Trinity's Stewardship Ministry and Finance Ministry Teams want to remind you that we offer electronic giving as a way to automate your regular offering. Electronic giving provides convenience for you and much-needed donation consistency for our congregation. Getting started is easy. *Simply Giving* Authorization Forms and additional information are available in the church entry and from the church office.

## **CONFIRMATION SUNDAY**

Our congregation traditionally invites our young people to affirm their faith on Reformation Sunday. This year's Confirmation Service is scheduled for Sunday, October 31 at the 10:30 AM service.

We will be inviting 7 of our 9<sup>th</sup> graders who have completed the Catechism requirements to affirm their baptismal faith in front of God and the congregation. They will have the opportunity to affirm what their parents affirmed for them when they were baptized. Parents and godparents will also have the opportunity to participate in blessing them as they confirm their faith during the worship service.

This year's Confirmands include: Emily Anderson, Kimberly Garlie, Amy Hanson, , Jennifer Leu, Abigail Mains, Stephanie Ploch, and Kasey Warwick. Please keep these young people in your prayers as they prepare to Affirm the faith of the baptism.



## **GUEST HOUSE**

The Caring Ministry Team is looking for volunteers to donate food, cook and serve breakfast for the Guest House shelter on Saturday October 23rd. We will make pancakes for approximately 80 homeless men early Saturday morning in the Trinity kitchen then transport the food and serve it to the gentlemen by 7:30 AM. Please look for sign up sheets for this event in the Narthex.

## **NEW MEMBER CLASS**

Are you or do you know someone who might be interested in joining Trinity? A New Members class is being organized for October and November with new members being invited to formally join the congregation the weekend of November 18 & 19.

Everyone interested in joining Trinity, whether by transfer from another Lutheran congregation or another Christian congregation or coming to faith for the first time, is asked to take the New Members class before becoming a voting member of the church.

The schedule for this 1 hour, 4 week class is:

Thursday, October 28, 7:00 pm

Wednesday, November 03, 7:00 pm

Wednesday, November 10, 7:00 pm

Wednesday, November 17, 7:00 pm

Please contact the church office if you're interested in being part of this class.

Dorcas Circle will meet at 1:30 on October 7 at the home of Nancy Bublitz.

Sarah Circle meets on Tuesday, October 12, at 7:30 at the home of Alice Grant.

## **Congregational Life Ministry Team**

### Upcoming Events

Saturday, October 16, 6:30 p.m. - Diner's Club at Mulligan's  
Sunday, October 24, 12:00 noon - Swan's Pumpkin Farm lunch  
Saturday, November 27, 9:00 a.m. - Trim the Trees at Trinity  
Saturday, December 4 - Carthage College dinner & Christmas concert

### Diner's Club

Our next restaurant outing will be on Saturday, October 24 at 6:30 p.m. Note we are getting together on a Saturday this time, not a Sunday as in the past. We had planned on going to Carleton Grange Pub, but that is closing so instead we'll meet at Mulligan's Irish Pub and Grill which is in Franklin at 8933 S. 27th St. Sign up on the sheet in back of church for an enjoyable evening with your friends from church.

### Trim the Trees

Can you believe that Advent is not that far off? Remember to mark your calendars to help us Trim the Trees at Trinity for the holiday season on Saturday, November 27 at 9:00 a.m. We'll serve you a delicious breakfast before the tree trimming begins.

### Carthage College Christmas Concert

On Saturday, December 4, we will again be offering a trip to Carthage College for their annual Christmas Concert. Included will be bus transportation from church to Carthage College, a buffet dinner, and the concert. We will be leaving church at 4:30 p.m. and returning about 10:00. Many Trinity members attended this concert last year, and it was very enjoyable. Save this date & watch for the sign up envelopes in back of church later in October. Reservations will be due November 14th.

## STEWARDSHIP NEWS

What do supporting a cause you believe in, spending time with Bible study and devotions, and volunteering your talents to the church all have in common? They are all aspects of Stewardship and are the focus of October and November worship this fall. We believe that Stewardship is the cornerstone of our beliefs as Christians and are working hard to bring more attention to the important ministries that Trinity does with your support.

All of us give differently and for different reasons. We will be taking feedback on why you give of your time, talents, and treasures and providing some visuals on what inspires members about our congregation and the impact of offerings. In November we will be using the financial stewardship program “Make it Simple.” The title alone begs us to look at our lives and see how we can focus on the important aspects and reconnect with God.

As we journey through the year, we plan to continue stewardship education through Facebook updates, bulletin inserts, temple talks, and children’s sermons. Look for the Stewardship logo. It certainly says it all, “Everything we do after we say we believe.”



## **MESSAGE FROM THE PRESIDENT**

Change, Stability and Support.

Remember that big windstorm we had in early September? I got a call about 4 PM that day from our son Max. His voice had that little something in it so I knew it was not a “can I go to my friend’s house” call. Max said “Dad, a big tree fell in the back yard!”. I asked if it had hit anything and he ran out to check, he picked up the phone and said “Holy Cow! it is huge and it took down the back fence!”. I asked Max if the tree had hit the house and he said no, I asked if it had hit the deck and he said no, I asked if the deck chairs or table were damaged and he said no. I then told Max I was going golfing and that we’d take care of things later.

That night Sandy came home and we discussed what to do. I said I would call the School District the next day (because the tree had dropped into our yard from a school nature area) and have them clean things up. Sandy said no, she had the day off and she would call them. The next day Sandy spent her day off calling the school district, arranging to have the tree cut up, helping the worker haul branches to the curb and stacking wood in our back yard. Along with those activities, our daughter Adrienne called from college in New York city and needed some paperwork and money sent to her overnight. That sent Sandy running around gathering stuff and a trip to the closest FedEx drop box.

Sandy had planned on having a nice relaxing day off, things changed and very quickly Sandy was just a little busy. We have all had days like that; we make plans and then something happens and have to change those plans. Change is just part of our lives.

That is the Change part of the title of this column, the Stability part is about God and the Church. No matter what types of change we experience God is always there for us. At the beginning of every “Tidings” Newsletter, Pastor starts out with a list of times it is appropriate to call him. It is a long list and most of the items are about change in our lives. The message there is that whatever we experience, big or little, God is there to support us. I mentioned Adrienne is attending college in New York (big change), Pastor Bill gave her the names of three different Lutheran churches she could attend in New York; now she has a source of stability and support while she is experiencing change. Think about that, we all have that support and it is always there for us.

Peace Be With You,  
Steve



## YOUTH NEWS

Happy Fall!

The leaves are falling, the weather has finally cooled down, and schedules aren't quite so hectic now that we got the hang of things. October brings an all-youth event and a family event. All the youth will be getting together on October 10<sup>th</sup> from 1-3 to decorate cookies and cupcakes in honor of fall and Halloween. Then, on October 24<sup>th</sup>, everyone in the congregation is invited to go to Swan's Pumpkin Farm. We had a blast last time! The Congregational Life Team is offering lunch again at noon at church and then we will all travel on our own to the Farm. Last year, everyone enjoyed the Farm on their own and then we met at the end to take a hay ride together. Look for the sign-up sheet in the Narthex and come and join us!

God's Blessings,  
Becca

Upcoming events:

September:

12<sup>th</sup> Elementary Event, Make Own T-Shirt, 1-3

19<sup>th</sup>- MS & HS Event, Make Own T-Shirt, 1-3

October:

3<sup>rd</sup>-YMT Meeting

10<sup>th</sup>- All youth Cookie & Cupcake Decorating, 1-3

24<sup>th</sup>- Family trip to Swan's Pumpkin Farm, 1-3

November:

7<sup>th</sup>- Elementary Youth Church Clean-up, 1-3

21<sup>st</sup>, MS & HS Youth Church Clean-up, 1-3

# **CHRISTIAN EDUCATION NEWS**

## **Rally Day-September 12th**

Our Rally Day, the opening of Sunday School, began on Sunday, September 12<sup>th</sup>, this year with 90 students in attendance, a slight increase from last year. Even if you have not registered, it is not too late to enroll in any of our 3 year old to 12th grade classes. Either call the Church Office (762-6626) or stop in the Office before the 9:15 AM Education hour. Sunday School classes are held from Rally Day until May 22, 2011, the Sunday before Memorial Day.

## **New Teachers**

Again, we have a good core group of Sunday School teachers returning this year, but we are pleased to welcome Julie Johnson, Cary Fischer, and Kari Bruins to our teaching staff. Julie is a new 3rd grade team teacher with Marilyn Garlie, and Cary and Kari are returning as team teachers for our new expanded 3 year old class.

## **Substitute Teachers**

Although we presently have a full Sunday School teaching staff, we are always looking to increase our complement of Substitute Sunday School teachers. This only requires a commitment to be available occasionally when a teacher is unavailable to teach on a given Sunday. If you would like more information or would like to join our group, please call Ray Bergwin (764-1765) or Sharon in the Church Office (762-6626).

## **Catechism Classes**

Catechism classes started again this year on Monday, September 13th for those in the 6th, 7th, and 8th grades with the goal of confirming their faith in the 9th grade. Catechism consists of two weeks of class time and one week of service/fellowship each month. In addition, participants are required to attend a minimum of 50% of Sunday School classes for their grade.

## **Adult Bible Study**

Two opportunities are available for adults to gather and learn more about the Bible and our faith. Beginning Thursday, September 9th from 10:30-11:30 AM, the first group meets with group discussion centered around the coming Sunday's Gospel lesson (Luke 15:1-10 the first week). Consult the Tidings for the succeeding verses covered. The second opportunity is the Adult Forum that meets during the 9:15 AM Sunday Education Hour beginning September 19th.

Ray Bergwin and Sharon Piastowski

## Finance

### August 2010 Ministry Team report

#### *Project Uplift:*

##### *Reserve funds account*

\$	<b>21,808.34</b>	Month's beginning balance
	<b>622.00</b>	Contributions for month
\$	<b>22,430.34</b>	Ending balance



##### *Line of credit (loan) account*

\$	<b>0.00</b>	Month's beginning balance
	<b>0.00</b>	Loan payment
	<b>0.00</b>	Ending balance
	<b>0.00</b>	Interest paid in month

Thank you to everyone who continues to generously support our properties ministry.

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#### Operating Budget Summation

	For the month	Year-to-date
Income	<b>\$26,161.67</b>	<b>\$190,514.93</b>
Expenses	<b>\$25,635.85</b>	<b>\$200,269.34</b>
Net Income (Loss)	<b>\$525.82</b>	<b>(\$9,754.41)</b>

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## SATURDAY STITCHERS

The Saturday Stitchers will meet from 1:00-3:00 on October 16. All are welcome. Bring your favorite project and spend a couple of hours in fellowship.

## **REFORMATION WEEKEND**

The last weekend of October is traditionally designated for Lutherans to celebrate Reformation. The actual date for our annual Reformation observance is October 31, but that date doesn't always fall on a Sunday. When it doesn't, we observe the Reformation on the Sunday before October 31, however, this year, it does!

What is our observance of Reformation? It a time to remember the abuses of the faith that crept into the church, and the efforts by many, most notably, Martin Luther, to point out those abuses and issue a call to Christians to reform those abuses. Specifically, October 31 is the day that Martin Luther posted 95 items of discussion he wanted to start a debate about with other Christian scholars on the door of the Wittenberg church. It wasn't his idea to create a new denomination by breaking away from the Church of his day. It was his idea, however, to help the Church see its mistakes and take steps to reform itself in keeping with the Gospel of Jesus Christ.

As Lutheran Christians, we recognize that we are always in need of reforming. Our brokenness and sin constantly drag at us, causing us to be in need of reform. We are called by the Gospel through the work of the Holy Spirit. We are forgiven through the body and blood of our Lord, Jesus. And we sent back out into the world to be the hands and heart of Christ.

The traditional color for the church's observance of Reformation is red. If you've got a red outfit you might be able to wear to church, please do so the weekend of October 30 and 31. Do it as a reminder that we are continually called to reform. Do it as a remembrance of the Holy Spirit's work in our faith and lives. Do it as a living witness in brilliant red to being a part of Christ's body as a Lutheran Christian.

## **DO A GOOD DEED RUMMAGE SALE**

The weekend of Nov 13 & 14<sup>th</sup>, TLC will be hosting a Do a Good Deed Rummage Sale in our church basement. It will be open on Sat from 8:30 – 4:30 and Sunday from 12noon – 4pm. Any rummager that brings in 6 cans of nonperishable items in a bag, will be given an empty bag to fill with items from the rummage sale. Empty bags will also be available for purchase for \$3/bag. We are looking for set up, work day, take down, and pack it up volunteers and have signup sheets located in the back of the church.

So, why the “Do a Good Deed” part? Well, all the funds raised from selling the “treasurers” will be divided into 300 envelopes ( along with an instruction sheet)and will be handed out the following weekend to everyone at church from age 5 and up. Once you receive the envelope, you will need to spend the denomination enclosed on doing a good deed for someone in our community on behalf of your love for the Lord and as a member of TLC. Whether you buy someone an ice cream cone, lunch, flowers, buy a cake mix-bake it-give it away, use the money for gas to drive someone around who needs a ride, make sandwiches for someone, buy a pad of paper at the dollar store for drawing pictures, collaborate with someone else or a group and do a bigger deed, adopt a family, child, or shelter for Christmas gifts, stocking stuffers or whatever you choose to do. You will receive a slip in your envelope so that you can record your good deed for others to see. All good deeds will need to be completed by Jan 1, 2011.

So start looking through things in your household and saving them up for our rummage. Ask your friends and neighbors for their donations; the more we have the more we can sell. Any items left over will be distributed to Human Concerns or other charities depending on the volume and items.

The Youth Group has also volunteered to run a refreshment stand for guests and is open to a bake sale as well. (Anyone interested in providing baked items for the youth group to sell, please contact Becca.) If you have any questions, please contact Diane Banach, [dbanach19@yahoo.com](mailto:dbanach19@yahoo.com) or 414.708.6723.

## **SHARE**

SHARE is up and running. We have the 1st pickup on September 25th from 9:00 to 10:30. If you placed an order please come during this time and pick it up. October's order form will be available at that time and papers will be put on the back table. October's orders are due as follows: to me by October 5th, to the SHARE office by October 8th and online orders are due by the 10th at 9:00 pm. Pickup for October is October 23rd. If you have any questions please call Debbie Warwick at 414-213-7935.

## **TRINITY SCHOLARSHIP NEWS**

As we look to another year of providing Church Scholarships to worthy individuals, we again promote the guidance for awarding them:

1. Applicants are active in the life of the congregation through worship, receiving the sacraments, continuing education (Sunday School, Bible Study, Campus Ministry programs), youth events, and volunteer work.
2. Applicants are accepted or enrolled as a full time student to attend classes on a campus of a Lutheran seminary, Lutheran college, or other accredited colleges and universities.
3. Applicants are seeking a degree at one of the following levels:
  - Associate Degree
  - Bachelor Degree
  - Master Degree
  - Ph D
4. Applicants may receive one scholarship from Trinity Lutheran Church for each degree he/she is pursuing. If an applicant is not successful in receiving a scholarship in a given year, he/she may apply the following year.

We appreciate the generosity of all those who have given to the Scholarship Program and ask for your continued support. Donations to the Scholarship program should be made using the blue designated fund envelopes or a plain envelope. Please indicate Scholarship Fund on either envelope.

## THRIVENT CHOICE DOLLARS

Things have changed rather dramatically in the way Thrivent Financial for Lutherans distributes their financial support to Lutheran congregations and institutions. In years past, congregations would apply to Thrivent for a grant based on certain criteria, and if the funds were available, Thrivent would award the grant. Our congregation has benefitted from Thrivent support of the Meatball Supper, Join Hands Day, and Community Caring programs.

The new method Thrivent is using for allocating their charitable donations is through the '*Choice Dollars*' program for Thrivent members. Each Thrivent member has recently received a letter indicating how much money they have in their '*Choice Dollars*' accounts. In order to donate that money, each Thrivent member has to tell Thrivent where they want their '*Choice Dollars*' to go.

If you are a Thrivent member, you have recently received a letter from Thrivent indicating how much is in your designated '*Choice Dollars*' account. There are also directions on how to designate TLC as your ministry of choice for these benevolence funds.

How do you designate your Thrivent Choice Dollars? You can do it online:

1. Go to [www.Thrivent.com](http://www.Thrivent.com)
2. In the upper right corner, sign in
3. Go to Thrivent Community and click on Thrivent Choice in menu
4. Then choose Direct Choice Dollars
5. Search for TLC by name, city, state and type of ministry
  - a. Trinity Lutheran Church
  - b. South Milwaukee
  - c. WI
  - d. Congregation
6. At that point, you can decide if you want to do a one time donation or a recurring donation of your '*Choice Dollars*.'

If you're having trouble online, you can contact Pastor Bill at the church office for help OR you can call 800-THRIVENT (800-847-4836).

This is your chance to designate where your Thrivent support goes. Any funds in your '*Choice Dollars*' account that you do NOT designate will be designated as Thrivent sees fit. It is our plan to set the Thrivent donations aside from our regular budget so the money can be used as it has in the past to support special events within the congregation and in our communities.

## **Are You Spiritually Fit?**

Catching her breath at the treadmill next to me, the woman in the pink tee shirt asked how long before she would see "results." It was her first workout, she explained, and she was excited. Like a lot of people who come to the fitness room at the local YWCA, she was determined to lose - finally! - those extra pounds.

Just keep at it," I said, smiling encouragingly. "It gets easier the more you exercise, and more fun! You'll notice the difference in just a few weeks."

I saw her at the gym once or twice more, but eventually she dropped out. It's a shame, but not uncommon.

Many people, bursting with resolve and determination, start exercising with zeal but quickly drop out from disillusionment, boredom or impatience. It's not hard to see why. Working out can be grueling and monotonous at times. And going from a sedentary lifestyle to an active one requires grit and willpower, but it really pays off.

Spiritual exercise can be like that as well. Daily prayer, regular Bible reading, church attendance - these may seem like monotonous drudgery at first. Many people undertake spiritual exercises with gusto and high hopes, only to quickly become discouraged and quit.

Sustaining a physical workout regimen takes not only desire but discipline as well. You just have to keep at it long enough. At some point, you know it's worth it - when you realize you are huffing and puffing much less, when your clothes fit you better, when the bathroom scale brings smiles instead of frowns, when you find you have a lot more energy and less stress. It's easier to stay with the program when you see what it's doing for you.

Sustaining a spiritual exercise regimen requires the same mix of desire and discipline. Keep at it long enough, and something will happen. Maybe you will find yourself inexplicably relaxed when encountering a stressful situation that you have been praying about. Maybe while re-reading Scripture you will suddenly have a flash of insight. Maybe during prayer you receive a jolt of exhilaration as a spark of the Holy One energizes your soul. When God touches you in some meaningful way, you find it is all worth it. And then it's not a chore to pray, or to read Scripture, but a joy.

The woman in the pink tee shirt didn't stick with her program long enough to see results, like a lot of people I've seen come and go in the years I've been a YWCA "regular." She left probably just before that point when she would have begun seeing big changes.

Sometimes folks give up on prayer, church attendance or regular Scripture reading prematurely, too. How is your spiritual fitness?

## **NEW BOOK REVIEWS FROM YOUR TRINITY LIBRARY:**

### **Sabbath: Finding Rest, Renewal, and Delight in Our Busy Lives**

by Wayne Muller, Publisher:  
Bantam, paperback, 256 pages

This book tells us how to begin finding Sabbath & rest time in our busy lives. It explains why the concept of Sabbath was so important that it is one of the ten commandments. And it shows how to begin incorporating the idea of Sabbath back into our lives & why that matters.

In today's world, with its relentless emphasis on success and productivity, we have lost the necessary rhythm of life, the balance between work and rest. Constantly striving, we feel exhausted and deprived in the midst of great abundance. We long for time with friends and family, we long for a moment to ourselves. Millennia ago, the tradition of Sabbath created an oasis of sacred time within a life of unceasing labor. Now, in a book that can heal our harried

lives, we are shown how to create a special time of rest, delight, and renewal--a refuge for our souls. We need not even schedule an entire day each week. Sabbath time can be a Sabbath afternoon, a Sabbath hour, a Sabbath walk. With wonderful stories, poems, and suggestions for practice, Muller teaches us how we can use this time of sacred rest to refresh our bodies and minds, restore our creativity, and regain our birthright of inner happiness.

Wayne Muller has been a therapist, minister, community advocate, consultant, public speaker, and bestselling author. A graduate of Harvard Divinity School, Wayne spent the last thirty-five years serving the abused, bereft, sick, and oppressed. He founded Bread for the Journey, a network of ordinary people who volunteer in neighborhood philanthropy.

**The God I Don't  
Understand: Reflections on  
Tough Questions of Faith**

by Christopher J. H. Wright,  
Publisher Zondervan,  
hardcover, 224 pages

If we are honest, we have to admit that there are many things we don't understand about God. We do not have final answers to the deep problems of life. There are areas of mystery in our Christian faith that lie beyond the keenest scholarship or even the most profound spiritual exercises. For many people, these problems raise so many questions and uncertainties that faith itself becomes a struggle, and the very person and character of God are called into question. Although Wright admits that he cannot give definitive answers, he does help us explore the questions in a fruitful and faith-affirming way. He tackles these questions, as the subtitle of the book suggests, from the perspective of faith,

not as one who is trying to believe, if only he can have all his questions answered. Thus, each question is addressed within the larger framework of the biblical text and Christian faith. For each question he discusses both what the Bible says and does not say on the matter. This leads him to dismiss some answers to questions as unbiblical and unhelpful, and it allows him to suggest ways of understanding the issues, even if not with the definitive answer.

Dr. Christopher J. H. Wright is International Director of the Langham Partnership International. He also serves as chair of the Lausanne Movement's Theology Working Group and chair of the Theological Resource Panel of TEAR Fund, a leading Christian relief and development charity. Chris and his wife, Liz, have four adult children and six grandchildren.

## **SOUTH MILWAUKEE/OAK CREEK INTERFAITH...**

Is looking for **volunteers to drive** and to help older adults in our community. Even if you can spare as little as 1 hour per month, we could use your help. A great opportunity for retired people to help in our community. Please call: **762-1998**.

## **HUMAN CONCERNS**

The first weekend of each month is designated as Human Concerns Day. Please bring some non-perishable food items to place in the bin. The emphasis for October is soups, canned fruit and vegetables, dinners, and paper goods.

## **HOSPITAL STAYS**

Federal law greatly restricts the disclosure of patient information by hospitals. As a result, the pastor and church office may not know that a church member has been admitted to the hospital. If you are hospitalized and would like to notify the pastor, it is important that you (or a family member) inform the church office as soon as possible. Call us at 762-6626. Remember, hospitals can no longer provide this information for us.

## **PICK-‘N SAVE “WE CARE” PROGRAM**

Trinity is still part of Pick’ n Save’s “We Care” program. If you have Trinity’s account number 838900 listed on your Advantage Plus Savers Club card, we will automatically be credited with purchases from any Pick’ n Save store included. Proceeds are used to help fund our Youth Group.

## **STEWARDSHIP: SM RECYCLING/YOUTH FUND**

South Milwaukee Recycling, 1200 Minnesota Ave. (762-1700) will take your aluminum cans and other metal and send a check to our Youth Fund. All you need do is tell the worker that you would like your “earnings” to be donated to the Trinity Lutheran Youth Fund and they will do the rest.

## **TENT RENTAL**

Trinity Lutheran owns a NEWER 20’x30’ tent that is available for rental for \$75.00. Be sure to keep this in mind for your next family gathering. Check with the office to reserve a date.

## SUNDAY SCHOOL BIRTHDAYS IN OCTOBER

October 01	Justin Kitts
October 03	Zach Warwick
October 04	Michelle Kilby
October 06	Brandon Tran
October 11	Jackson Woodbury
October 14	Megan Baranek
October 16	Austin Bruneau
October 17	Katie Immel
October 19	Courtney Mains
October 21	Micheal Garlie
October 22	Weston Jenquin
October 23	Alexis Cuda
October 25	Emily Rogosienski
October 25	Eric Wendt
October 27	Abby Mains
October 30	J.J. Karweik



The Trinity Council voted to make a change in the schedule for the Christmas Eve worship services due to changing attendance patterns. The schedule for 2010 is:

Christmas Eve:	4:00, 6:00, and 11:00 PM
Christmas Day:	10:00 AM (No 5:00 Saturday Service)
December 26	Sunday at 9:15, No Sunday School

## **COMMUNION ASSISTANTS**

October 02	5:00 PM	Gina Dathe
October 03	8:00 AM	Patrick & Rebecca Conway
		Karen Crump
	10:30 AM	Christina Crogan
		Jim & Gail English
October 16	5:00 PM	Karen Claffey
October 17	8:00 AM	Ron & Shirly Smith, Becca Mains
	10:30 AM	Cindy Felicki, Kristi Jagler
		David Hahn
October 30	5:00 PM	Linda Iversen
October 31	8:00 AM	Margie Fischer, Jay Kullmann
		Brian Zysk
	10:30 AM	Dianne Guckenberger, Donna Leu
		Steve Krueger

## **ALTAR GUILD**

October	Ron and Shirly Smith
November	Jean Belter and Alice Grant

## **TAKING BLOOD PRESSURE**

October 10	Jeff Crogan
November 14	Betsy Baranek

## **USHERS – SUNDAYS**

### **Sunday, October 3**

8:00 Ron Smith, Jay Kullmann, Ron McMullen, Chris Haeger  
10:30 Mike Danes, Christina Crogan, Bob & Dorothy Engelbart

### **Sunday, October 10**

8:00 John Wawrzyniak, Dick Schaefer, Al Czysh, Bob Tice  
10:30 Ken Peterson, Deb Moss, Jim & Sandi Rogosinski

### **Sunday, October 17**

8:00 Russ Bruneau, Tom & Gayle Barbian, Greg Buck  
10:30 Bob Olson, Mike Radtke, Jerome Zylka, Tim Fountain

### **Sunday, October 24**

8:00 Ray Bergwin, Debra Grahoavac, Julie Thiel, Bill Elmore  
10:30 David Hahn, Nick Ulezelski, Ben & Darleen Owen

### **Sunday, October 31**

8:00 Ed Mueller, Les Touve, Gary Mueller, Kevin Dathe  
10:30 Dan Carrion, Elisabeth Carrion, Fred & Sharon Schraith

## **SCHEDULED READERS**

October 02	5:00 PM	Richard Cole
October 03	8:00 AM	Shirly Smith
	10:30 AM	Nick Ulezelski
October 09	5:00 PM	Janine Kaczmarowski
October 10	8:00 AM	Brian Zysk
	10:30 AM	Karl Weinberg
October 16	5:00 PM	Karen Claffey
October 17	8:00 AM	Becca Mains
	10:30 AM	Sue Zylka
October 23	5:00 PM	Diane Banach
October 24	8:00 AM	Richard Cole
	10:30 AM	Mike Danes
October 30	5:00 PM	Jake Anderson
October 31	8:00 AM	Margie Fischer
	10:30 AM	Confirmands

## NURSERY ATTENDANTS

October 02	5:00 PM	Ramona Peterson
October 03	8:00 AM	Holli Cieczka
	10:30 AM	Maddie Baranek
October 09	5:00 PM	Sylvia Fischer
October 10	8:00 AM	Lori Fassbender
	10:30 AM	Elisabeth Carrion
October 16	5:00 PM	Shirley Hubbard
October 17	8:00 AM	Ramona Peterson
	10:30 AM	Dianne Guckenberger
October 23	5:00 PM	Donna Huck
October 24	8:00 AM	Kayla Jagler
	10:30 AM	Liz Keller
October 30	5:00 PM	Donna Huck
October 31	8:00 AM	Lori Fassbender
	10:30 AM	Gail & Rob English

## ALTAR FLOWER SCHEDULE

Oct. 03	Ray & Alice Grant
Oct. 10	Barb & Gordie Schultz/Betsy Baranek
Oct. 17	Sean & Theresa Sieg/Cheryl Parkinson
Oct. 24	Doug & Margie Fischer/Deb Moss
Oct. 31	Immel & Bartosiak/June Parsley



## **GREETERS**

October 02	5:00 PM	Cheryl Parkinson, Kristi Theisen
October 03	8:00 AM	Russ & Phyllis Bruneau
	10:30 AM	Christina Crogan & Patty Johnson
October 09	5:00 PM	*
October 10	8:00 AM	Holli Cieczka, Mary Pulkownik
	10:30 AM	Shirley Jagler, Kayla Jagler
October 16	5:00 PM	Karen Clafrey, Joan Dorcey
October 17	8:00 AM	Chris & Lelia Haeger
	10:30 AM	Cindy Felicki, Julie Johnson
October 23	5:00 PM	Greg & Ann Buck
October 24	8:00 AM	Bruce & Joyce Warwick
	10:30 AM	Emily Baranek, Maddie Baranek
October 30	5:00 PM	Kevin & Gina Dathe
October 31	8:00 AM	Keith & Jean Belter
	10:30 AM	Jon & Sandy Anderson

## **ACOLYTES**

October 02	5:00 PM	Josh Janusiak
October 03	8:00 AM	Alexis Cuda, *
	10:30 AM	*
October 09	5:00 PM	*
October 10	8:00 AM	Alexis Cuda, Emily Ploch
	10:30 AM	Sam Nunez, *
October 16	5:00 PM	Tori Fischer
October 17	8:00 AM	Rease Thoreson, Brandon Peterson
	10:30 AM	Andrew Radtke, *
October 23	5:00 PM	Eric Wendt
October 24	8:00 AM	Nolan Rebernick, *
	10:30 AM	Sam Nunez, *
October 30	5:00 PM	Hannah Fischer
October 31	8:00 AM	Rease Thoreson, Brandon Peterson
	10:30 AM	*